

Children’s Books to Support Healthy Growth and Development

<u>Topic</u>	<u>Book Title</u>	<u>Grade</u>
Anger	Crabby Pants Everybody Feels Angry Grumpy Bird How Dinosaurs Say “I’m Mad” I Hate Everything I Was So Mad Mouse Was Mad Sophie’s Feelings Are Really Hurt Steps and Stones: An Anh’s Anger Story Today I’m a Monster When I’m Feeling Angry When Miles Got Mad When Sophie Gets Really, Really Angry When the Anger Ogre Visits Words Are Not For.. (series) You Get What You Get	Preschool-1 Preschool-K Preschool-K Preschool-2 Preschool-K Preschool-1 Preschool-3 Preschool-2 Preschool-2 Preschool-1 Preschool-1 K-2 Preschool-2 Preschool-3 Preschool-1 Preschool-K
Anxiety	Charlotte and the Quiet Place Don’t Think About the Purple Elephants I am Peace It’s Okay to Make Mistakes Good People Everywhere Jabari Jumps Jonathan James and the “What If” Monster My Magic Breath Relax Scaredy Squirrel Scaredy Squirrel Makes A Friend Silence The Worrywarts There Might be Lobsters Wemborly Worried What Does It Mean to Be Present? When I Feel Worried Wilma Jean the Worry Machine 123 A Calmer Me	Preschool-3 K-2 Preschool-3 Preschool-1 K-1 Preschool-2 Preschool-1 Preschool-2 K-3 Preschool-2 Preschool-2 Preschool-1 Preschool-2 Preschool-2 Preschool-3 Preschool-2 K-3 Preschool-2 Preschool-2
Behavior - Playground	Hey Little Ant Please Play Safe Share and Take Turns Should I Share My Ice Cream? The Recess Queen The Way I Act The Playground Problem	Preschool-2 K-2 K-1 Preschool-1 K-3 Preschool-2 K-1

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Bullying	Bully Beans Enemy Pie Howard Wigglebottom Learns About Bullies Juice Box Bully One Tease Monster Weird	K-2 Any K-3 K-3 Preschool-3 Preschool-2 1-4
Divorce	Dinosaurs Divorce Living with Mom and Living with Dad Mama and Daddy Bear's Divorce Standing on my Own Two Feet Was it the Chocolate Pudding? Weekends with Dad	K-4 Preschool-1 Preschool-K Preschool-2 Preschool-2 K-2
Feelings	A Little Book About Feelings Breathing Makes It Better F is for Feelings Glad Monster/ Sad Monster Happy-Sad Today Happy, Sad, Silly, Mad Hurty Feelings In My Heart.. A Book of Feelings I Feel Mad to Glad The Color Monster: A Pop Up Book of Feelings The Feel Good Book The Feelings Book The Way I Feel Visiting Feelings When the Anger Ogre Visits	Preschool-1 Preschool-2 Preschool-1 Preschool-K Preschool-3 Preschool-1 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-1 Preschool-1 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-3
Focus and Attention	Howard Wigglebottom Learns to Listen Hunter and his Amazing Remote Control It's Hard to Be a Verb! Listen Buddy Puppy Mind My Mouth is a Volcano The Worst Day of my life.. EVER!	Preschool-1 3-5 Preschool-2 K-2 2-5 Preschool-1 K-2
Friendship	Big Al Elephant and Piggie Series Have you Filled a Bucket Today? How Do Dinosaurs Play With Their Friends How to Lose All of your Friends Hunter's Best Friend At School Lacey Walker, Nonstop Talker	Preschool-2 Preschool-K K-5 K-1 K-2 Preschool-K Preschool-2

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Friendship	Mac and Geez Me First Peanut Butter and Jellyous Personal Space Camp The Good Egg Understand and Care	Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2
Grief and Loss	Always and Forever Always Remember Grief is like a Snowflake Ida, Always I Miss You I'll Always Love You Life is like the Wind Sad Isn't Bad Sun Kisses. Moon Hugs The Elephant in the Room The Goodbye Book The Invisible String	K-1 Preschool-1 K-4 Preschool-2 K-3 Preschool-2 Preschool-1 Preschool-2 Preschool-1 Preschool-2 K-3 K-3
Growth Mindset	Beautiful Oops I Can Handle It Good People Everywhere The Most Magnificent Thing When Sophie Thinks She Can't... Your Fantastic Elastic Brain	Preschool-2 Preschool-2 Preschool-2 Preschool-1 Preschool-2 Grades 2-5
Mindfulness	ABC Mindful Me Alphabreaths, ABC's of Mindful Breathing A World of Pausabilies Bee Calm, The Buzz on Yoga Bee Still Breathe Breathe Like a Bear Breathe and Be, A Book of Mindfulness Poems Breathing Makes It Better Charlotte and the Quiet Place I am Peace, A Book of Mindfulness King Calm Listen Listening to My Body Listening to My Heart (Self Compassion) My Magic Breath Owl Moon Puppy Mind Quiet See, Hear, Feel	Preschool-1 Preschool-2 Preschool-1 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2 Preschool-2

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School Readiness and Transition to Kindergarten	Kindergarten Rocks Lookout Kindergarten.. Here I Come! Maisy Goes to School Miss Bindergarten Gets Ready for Kindergarten Mom, It's My First Day of Kindergarten Mouse's First Day of School Monsters Love School My Kindergarten Off to Kindergarten On the First Day of Kindergarten On the Way to Kindergarten Pete the Cat: Rocking In My School Shoes Planet Kindergarten Pocket Mommy Pout Pout Fish Goes to School S is for Smiling Sunrise: An Alphabet Book Sumi's First Day of School The Berenstain Bears Go To School Take a Kiss to School The Day My Mom Came to Kindergarten The Night Before Kindergarten The Night Before Preschool The Kiss Box The Kissing Hand The Night Before Kindergarten Welcome to Kindergarten We Love School 12 Days of Kindergarten	Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-1 Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-1 Preschool-K Preschool-K Preschool-1 Preschool-K Preschool-K Preschool Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K Preschool-K
Self Esteem	Beautiful Oops Courage I Like Myself I Matter I'm Gonna Like Me Ish Listening with my Heart Only One You Spaghetti in a Hot Dog Bun The Dot The Feel Good Book The Happiness Tree You Be You	Preschool-2 Preschool-1 K-3 K-2 Preschool-2 K-3 K-3 Preschool-2 Preschool-4 Preschool-3 Preschool-K Preschool-2 Preschool-2
Social Skills	Do Unto Otters Good People Everywhere I Just Want To Do It My Way It's Not Fair	Preschool-2 Preschool-2 K-3 Preschool-2

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Social Skills	Lacy the Nonstop Talker Listen Buddy My Mouth is a Volcano Personal Space Camp Rude Cakes Thinking Thoughts and Feelings Thinking With your Eyes Yes Day! You Are a Social Detective	Preschool-2 Preschool-2 1-3 Preschool-2 Preschool-1 Pre K-3 Pre K-3 Preschool-2 Pre K-3
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